



Biological Assessments of Maine Wetlands

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NAWM's MAWWG-NEBAWWG Webinar Series:
Developing Wetland Conditional and Functional Assessments
December 10, 2024

MAINE DEPARTMENT OF ENVIRONMENTAL PROTECTION

Protecting Maine's Air, Land and Water

Maine DEP Biological Monitoring Program

Evaluates ecological health of aquatic resources

Determines if water bodies meet State aquatic life criteria (“biological criteria”)

Provides data and technical support to other programs to protect and restore Maine waters

Integrated assessment approach for wetlands, rivers, and streams



Clean Water Act

Objective: Restore and maintain chemical, physical, and biological integrity of the Nation's waters.

State Responsibilities (all waters, including wetlands):

- Develop monitoring and assessment programs
- Adopt water quality standards
- Report to EPA on condition of waters every two years



Narrative Biological Criteria

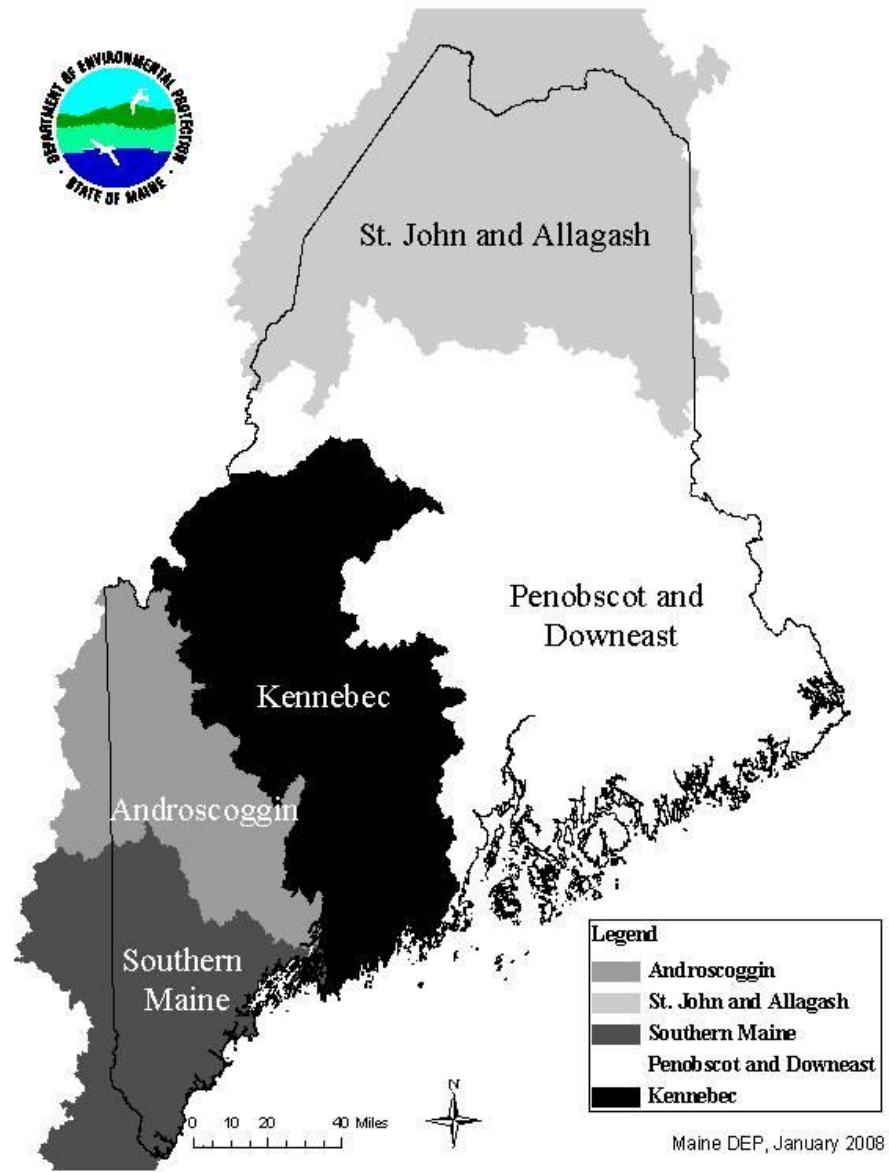
Fresh Surface Waters (rivers/streams, associated wetlands)

- AA** Habitat natural and free flowing (no dams allowed).
Aquatic life **as naturally occurs**.
- A** Habitat natural. Aquatic life **as naturally occurs**.
- B** Habitat unimpaired. Must support all indigenous aquatic species. **No detrimental changes** to resident biological community.
- C** Must support all indigenous fish species and **maintain structure and function** of resident biological community.
- GPA** Lakes and Ponds (and associated wetlands)
One class, **equivalent to Class A**)



Sampling design

Rotating basin schedule to cover the entire State

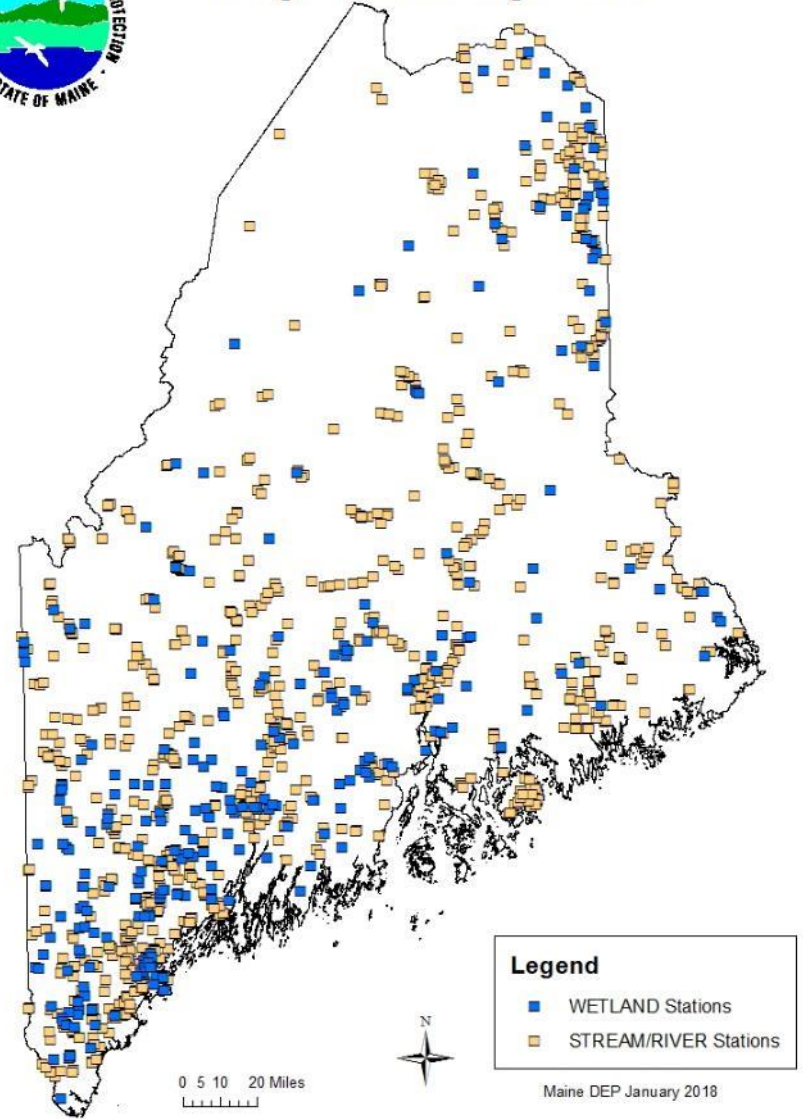


Sampling design

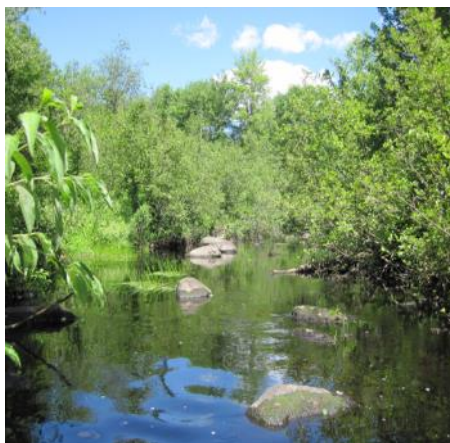
- Rotating basin schedule to cover the entire State
- ~1200+ stream stations
- ~350+ wetland stations
- Monitoring frequency:
 - Annually
 - Every 5 years
 - As needed



Maine River, Stream and Wetland
Biological Monitoring Stations



Habitats monitored



- Wadeable streams, large rivers, emergent/aquatic bed wetlands, shallow lakes and ponds



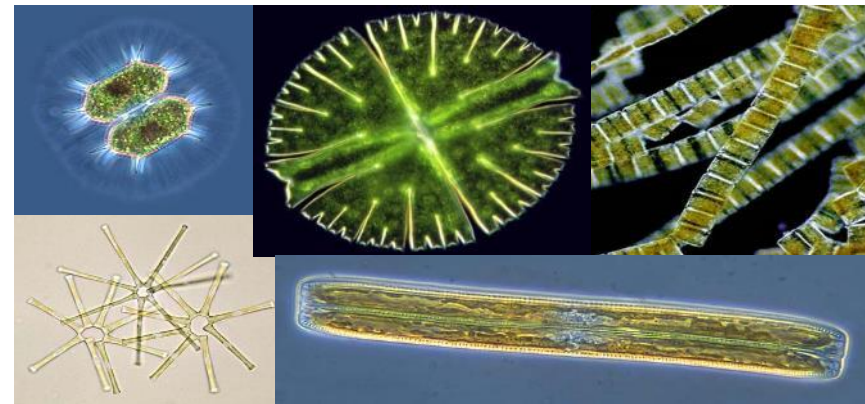
Biological assemblages monitored

'Stream' method (hard substrate):

- Macroinvertebrates
- Algae

'Wetland' method (soft substrate streams and lake/pond margins):

- Macroinvertebrates
- Algae
- Aquatic macrophytes



Sampling methods

'Streams' (hard substrate habitat): **'Wetlands' (soft substrate/macrophyte habitat):**



Artificial substrates
(rock bags, baskets,
cones) – river/stream
bugs



**Rock or wood
scrapings –**
river/stream algae

**Plant clippings
and water grabs –**
wetland algae



D-net sweeps –
wetland bugs



Wetland Sampling Habitat

Areas of emergent, floating or submerged aquatic vegetation (≤ 1 meter deep)

Includes shallow vegetated areas in and along slow-moving rivers and streams, ponds and lakes



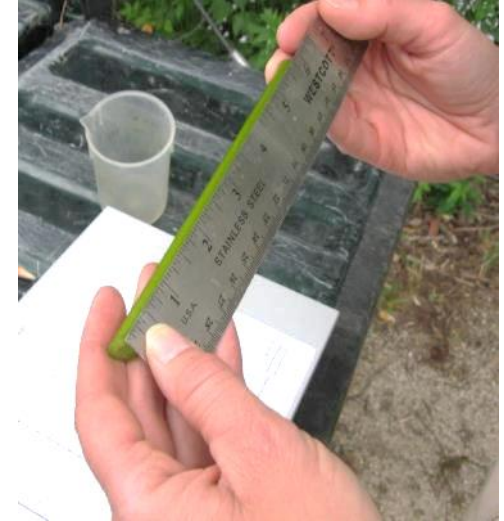
Aquatic Macroinvertebrates

Three 1 meter D-net sweeps

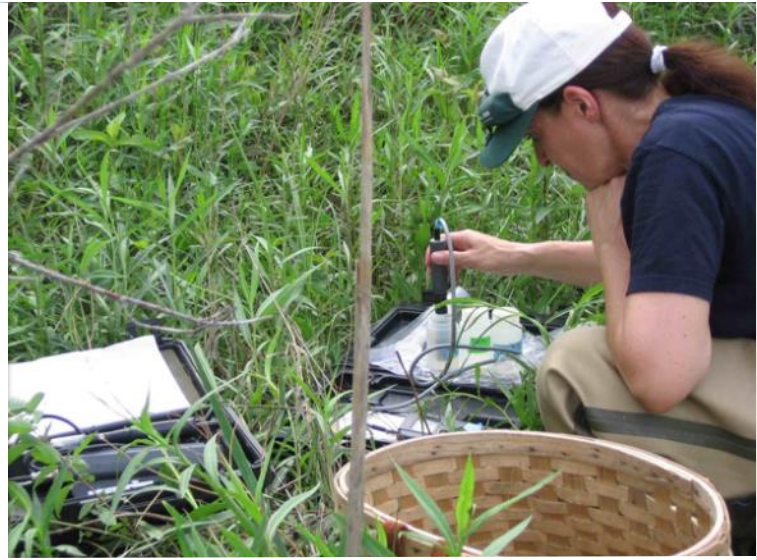


Wetland Epiphytic Algae

Clip 5 plant stems at each of 3 replicate sites,



Water Quality



Wetland Human Disturbance Assessment

Field-based rapid stressor assessment:

- Hydrologic modifications
- Vegetative modifications
- Evidence of chemical pollutants
- Watershed characterization



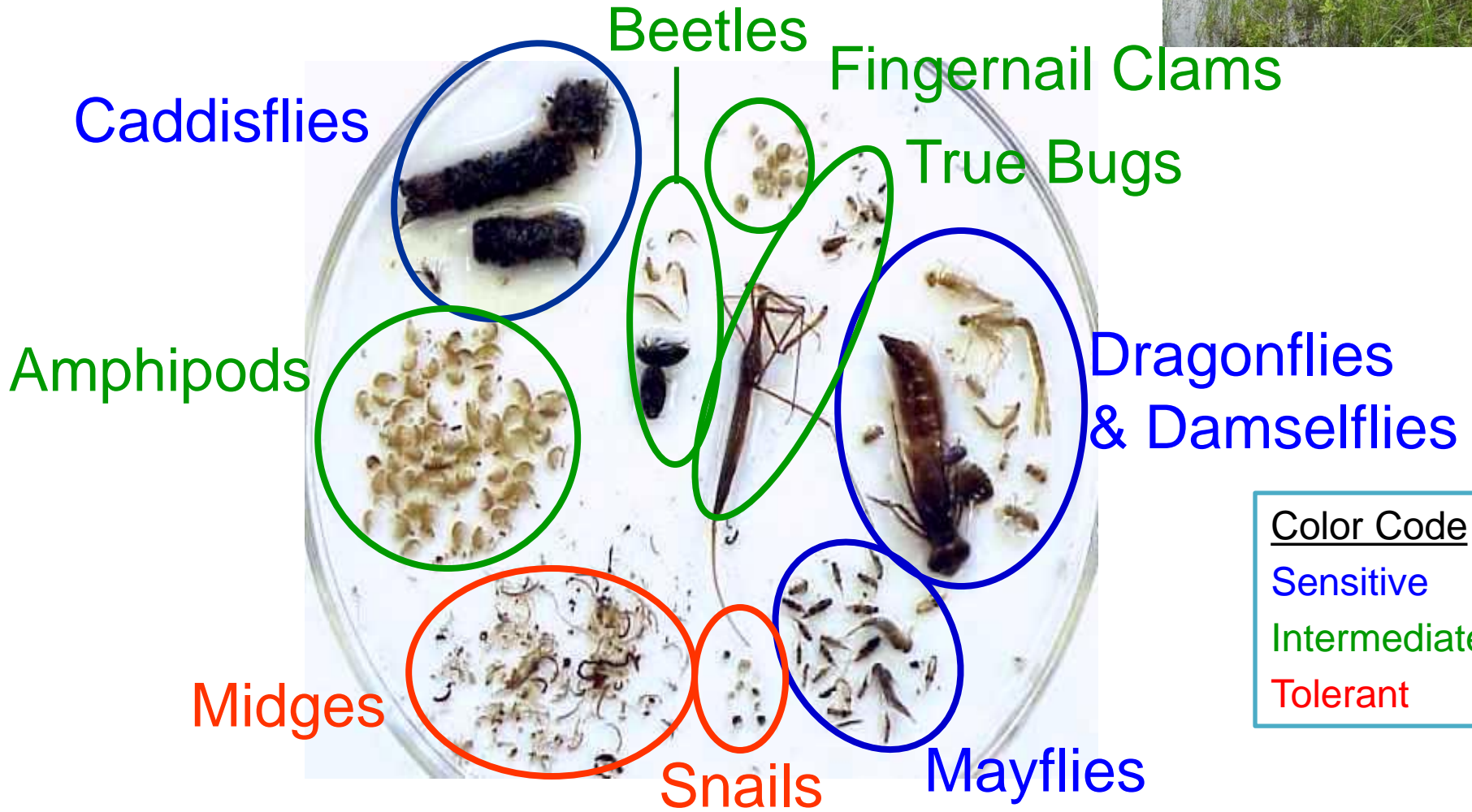
Protocols for Completing the
Biological Monitoring Wetland
Human Disturbance
Assessment



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DEP-LW1259

Healthy wetland



<u>Color Code</u>
Sensitive
Intermediate
Tolerant

Unhealthy wetland



Other

Midges
and
Worms

Color Code
Sensitive
Intermediate
Tolerant

Predictive Statistical Models

- Help DEP biologists decide if wetlands meet narrative biological criteria
- Predict aquatic life class attained (AA/A, B, C) using biological monitoring data
- Separate models for different habitats and assemblages
 - Stream macroinvertebrates (already in Biocriteria rule)
 - Stream algae
 - Wetland macroinvertebrates
 - Wetland algae
- Model results will become numeric biological criteria once implemented in rules



Advantages of DEP's Biological Monitoring and Assessment Approach

- Focus is on integrity of biological communities compared to reference (“natural”) conditions
- Standard sampling, analysis and assessment protocols produce quantitative data and objective results
- Results expressed in relation to statutory tiered criteria for assigned water quality class (AA/A, B, C)
- Class attainment results comparable among different water body types and taxa groups
- Tiered criteria allow us to detect incremental changes in resource condition, identify improving/declining trends
- Applicable to other wetland types and taxa groups



How We Use Wetland Biomonitoring Data

- Evaluate ambient condition, diagnose stressors
- Evaluate impacts from nonpoint sources, permitted activities, violations of water quality/natural resource laws
- Inform permit decisions and management strategies (discharges, water levels, habitat alterations)
- Diagnose stressors
 - Nutrients
 - Toxics
 - Hydrologic alterations



How We Use Wetland Biomonitoring Data

Evaluate restoration projects:

- Dam removals
- Mitigation sites

Evaluate health of wetlands on public lands:

- State parks and Wildlife Management Areas
- National Wildlife Reserves
- Other conservation lands



Sedgeunkedunk Stream (dam removal project)



New Dam Road (wetland mitigation site)



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Mercer Bog Wildlife Management Area

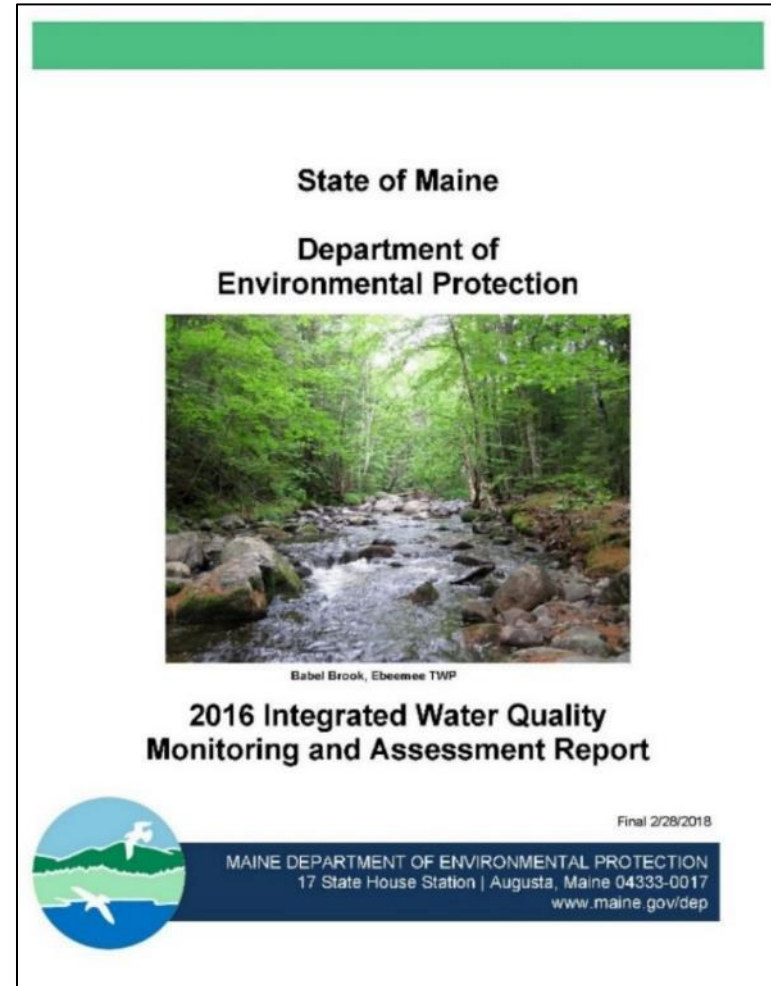


Sunkhaze Stream National Wildlife Reserve



How We Use Wetland Biomonitoring Data

- Report to EPA on wetland condition in biannual Integrated Water Quality Monitoring and Assessment Report
- Provide data to support TMDLs



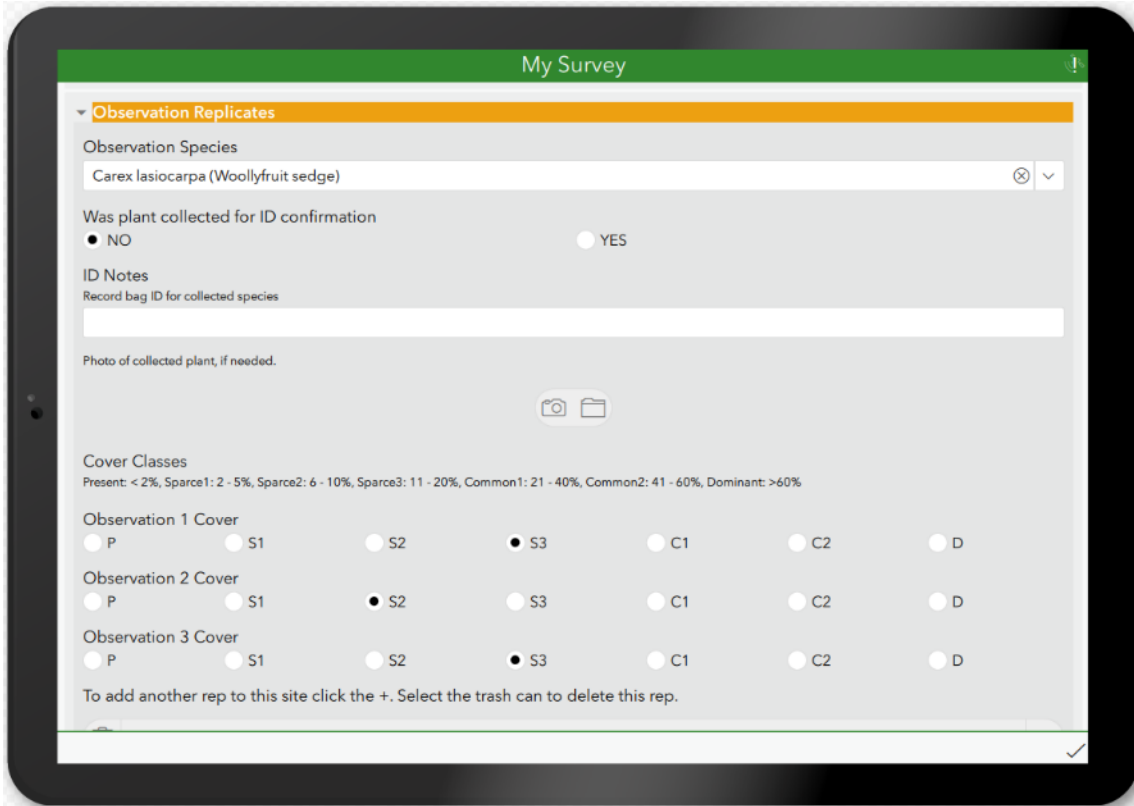
Macrophyte assessments



Rapid(ish) Field Assessment Method

- Three plots per wetland
- Ten-meter diameter plot from wet edge outward
- Identify all species and their cover
- Unknown species collected for later identification
- Identifications conducted from boat (mostly)
- Roof rack to roof rack ~ 2hrs
- Method adapted from NHDES protocol.





Data Recorded:

- Species ID.
- Percent Cover

Classes

Present: < 2%,

Sparce1: 2 - 5%,

Sparce2: 6 - 10%,

Sparce3: 11 - 20%,

Common1: 21 - 40%,

Common2: 41 - 60%,

Dominant: >60%

midpoints used in calculations

Paired to Seasonal Wetland Monitoring Data:

- Wetland Human Disturbance Assessment
- Water Chemistry
- Watershed Landcover Assessment

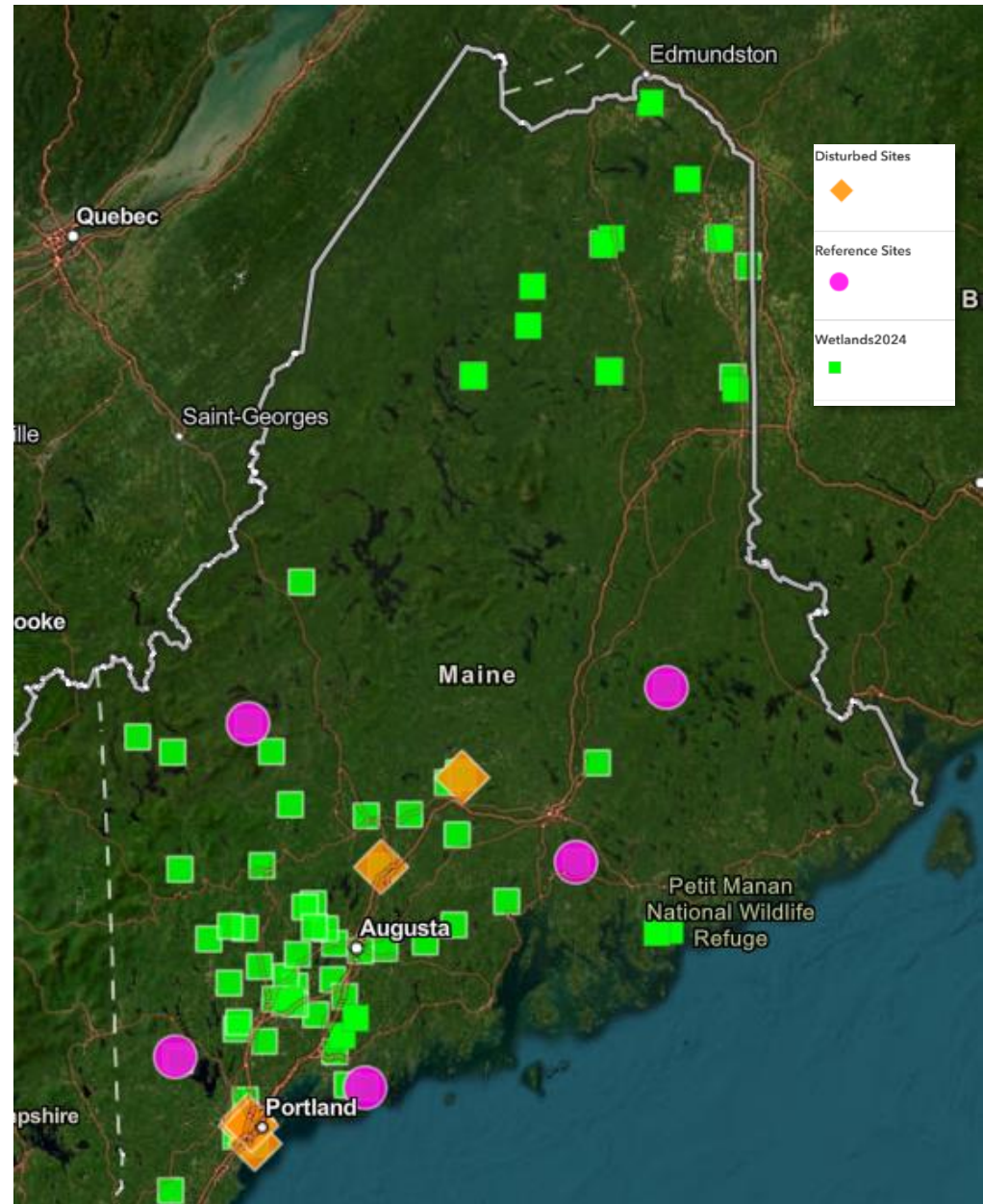


Sites 2017 – 2024

77 Sites Surveyed

5 Reference Sites

6 Highly Disturbed Sites



Reference Criteria: Biomonitoring Method

Criteria	Value
Total Wetland Human Disturbance Score (WHDS)	≤ 10
Individual WHDS Scores	< 5
Total Phosphorus	$< 100 \text{ ug/L}$
Specific Conductance	$< 100 \text{ uS/cm}$
Watershed Percent Natural	$> 95\%$
Sites Selected	5

Reference Sites: Morse Pond W-348, Northwest River W-331, Hothole Brook - W-288, Stratton Brook W-169, and Passadumkeag River W-149.

Disturbance Criteria: 90th Percentile Based

STRESSOR	Value
Total Human Disturbance Score	>= 30
Hydrologic Modification Score	>= 7
Watershed Modification Score	>= 15
Total Phosphorus (ug/L)	>= 280
Specific Conductance (uS/cm)	>= 270
Landcover metrics	
All Development	>= 15%
Tilled Agriculture	>= 1.7%
Impervious surfaces	>= 9.5%
Total Natural Area	< 70% (10 th percentile)

Highly Disturbed Sites: Alder Stream W-247, Fish Brook W-243, Capisic Pond W-224, Home Depot Wetland W-182, Highland Avenue (MTA) W-174, Tributary to Nason's Brook W-173



Floristic Quality Assessment - <https://universalfqa.org/>

Species were assigned a Coefficient of Conservatism (C score) based upon each species tolerance to disturbance. Swink and Wilhelm, 1994

Northeast Regional Floristic Quality Assessment Tools for Wetland Assessments

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Contributing authors: Don Cameron, Arthur V. Gilman, Kenneth J. Metzler, Richard M. Ring, Michele Bottiaux, Kristin Snow, Lesley Sneddon

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Coefficient of Conservatism (C score) :

Developed shortly after the National Environmental Policy Act as a method to evaluate properties worthy of conservation.

Developed COC score for each species from 0 – 10 based on response to disturbance and fidelity to specific communities.

Low end scores are species that dominate in damaged habitat.

High scores species restricted to natural areas.

When the COC scores for plants found in an area are averaged, they give you a measure for detecting remnant populations and measuring the level of impact from human disturbance.

Remnant Populations defined as “populations with an extended persistence despite a negative growth rate”, Ericksson et al. He suggested further that “the common ability of plants to develop remnant populations is a contributing factor to ecosystem stability. Remnant populations are important for the capacity of ecosystems to cope with the present-day impact caused by human society, and their occurrence should be recognized...” Ericksson, 2008.



7

7

7

4

Mean CoC = 6.25

Floristic Quality Index
= 3.125
Mean C / sqrt Richness

Mean Cover Weighted
CoC = 5.4
CoC * cover / Total Cover



Metric Development: Site Metrics

ME_C_SCORE	Mean Statewide C Score
MEAN_ECOREGIONAL_C	Mean Ecoregion C Score
NATIVEC	Mean C Score for Native Species
WETNESS	Mean Wetness Coefficient for All Species
NATIVEWETNESS	For Native Species
COVERWEIGHTEDC	Sum of Each Species C Score multiplied by Cover Then Divided by Total Site Cover
NATIVECOVERWEIGHTEDC	For Native Species
RICHNESS	Number of Species
NATIVE_RICHNESS	For Native Species
COVERWEIGHTEDFQI	Cover-weighted Mean C for All Species Multiplied by Square Root of Richness
COVERWEIGHTEDNATIVEFQI	For Native Species
TOTALFQI	Mean C of All Species, Multiplied by Square Root of Richness
NATIVEFQI	For Native Species
ECOFQI	Mean Ecoregion C of All Species, Multiplied by Square Root of Richness
ADJUSTEDFQI	Mean C of Native Species Divided by 10, Multiplied by Square Root of Native Richness Divided by Richness, Multiplied by 100



Metric Development: Trophic Metrics

Shannon Diversity Index

Relative Richness of Sensitive Species

Relative Richness of Tolerant Species

Relative Richness of Intermediate Species

Relative Abundance of Sensitive Species

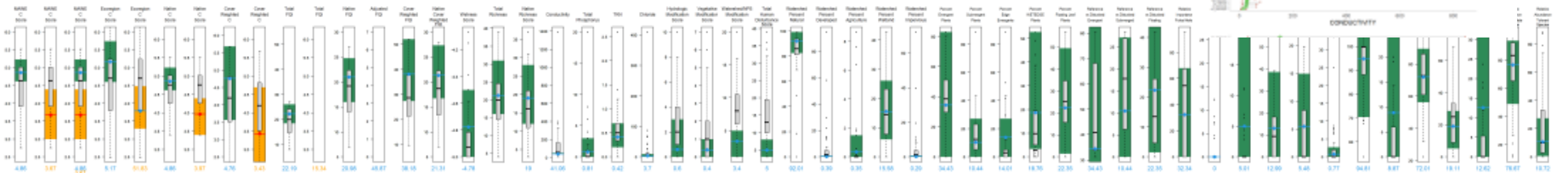
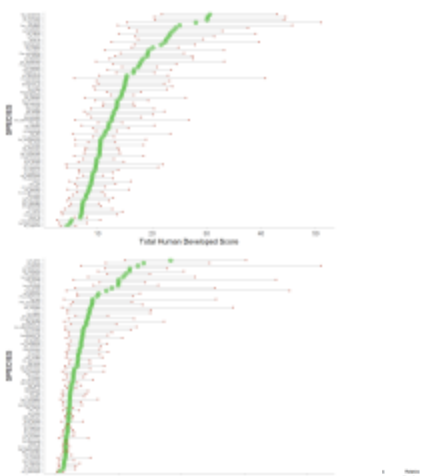
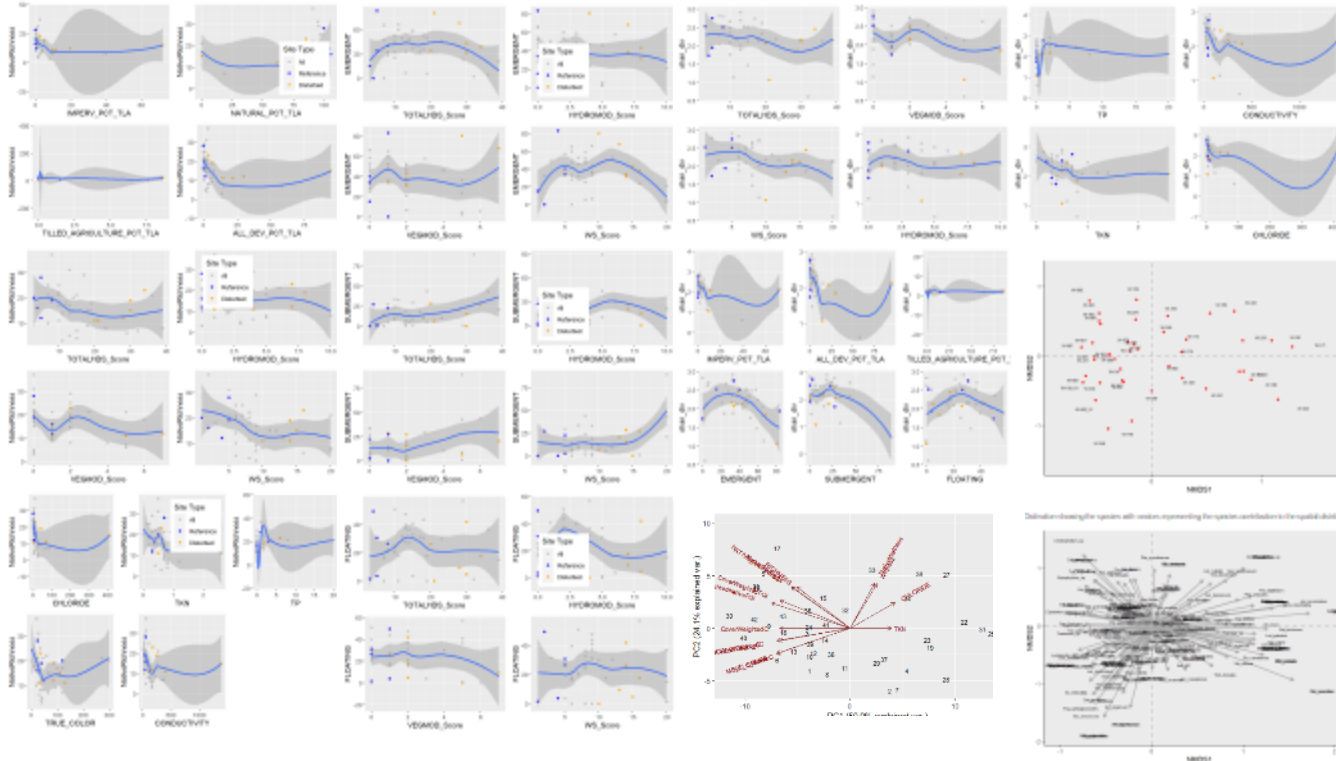
Relative Abundance of Tolerant Species

Relative Abundance of Intermediate Species

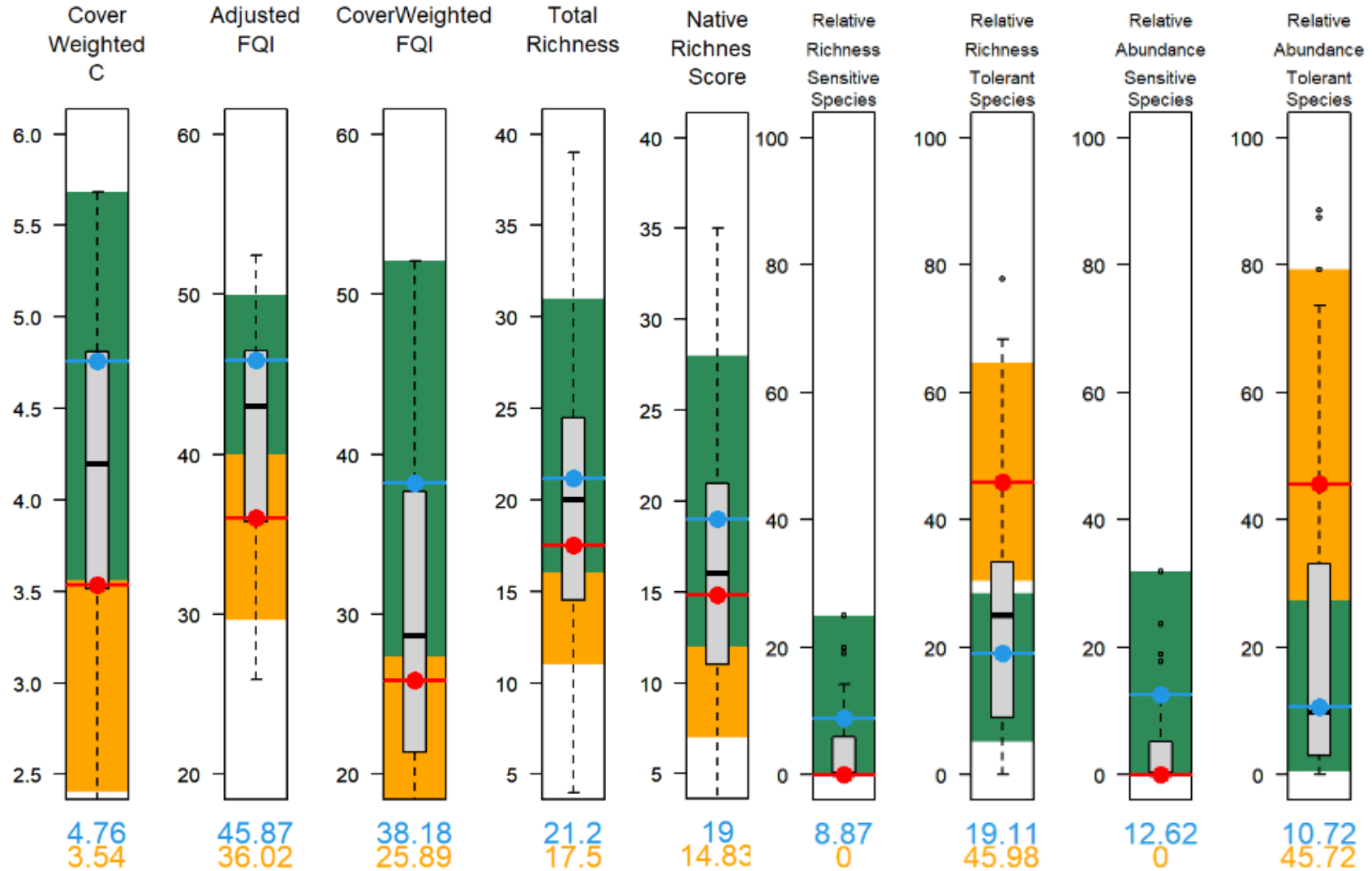
Sensitive species defined as $CoC > 7$, Tolerant species defined as $CoC < 3$



Metric Testing:



Metric Testing:

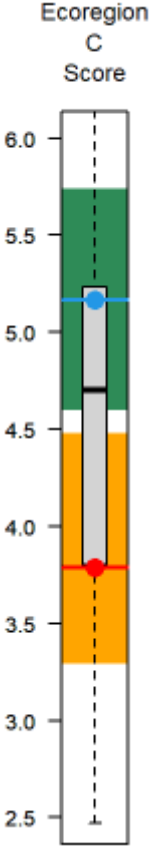


Metric Testing: Comparing ability to separate reference from disturbance

The metrics that performed best in separation of reference and disturbed sites was Mean C score

Simple comparison of means t-test and Mann-Whitney tests.

Metric	t	df	p-value	Ref Mean	Dist Mean
Mean C (ecoregion score)	4.6542	8.7581	0.001285	5.206	3.563
Adjusted FQI	5.1073	8.9517	0.0006497	49.106	38.042
$FQI_ADJUSTED = 100 * (NATIVE_MEAN_C / 10) * (\text{sqrt}(NATIVE_RICHNESS / RICHNESS))$					
Richness	1.1397	8.47	0.2856	21.4	17.5



Applying CoCs: Mean Coefficient of Conservatism (Mean C)

Low scores reflect impacted communities

Trib to Long Creek W-171 CoC = 2.7

Home Depot W -182 CoC = 3.0



High scores show us our natural remnant communities.

Pearly Pond W -332

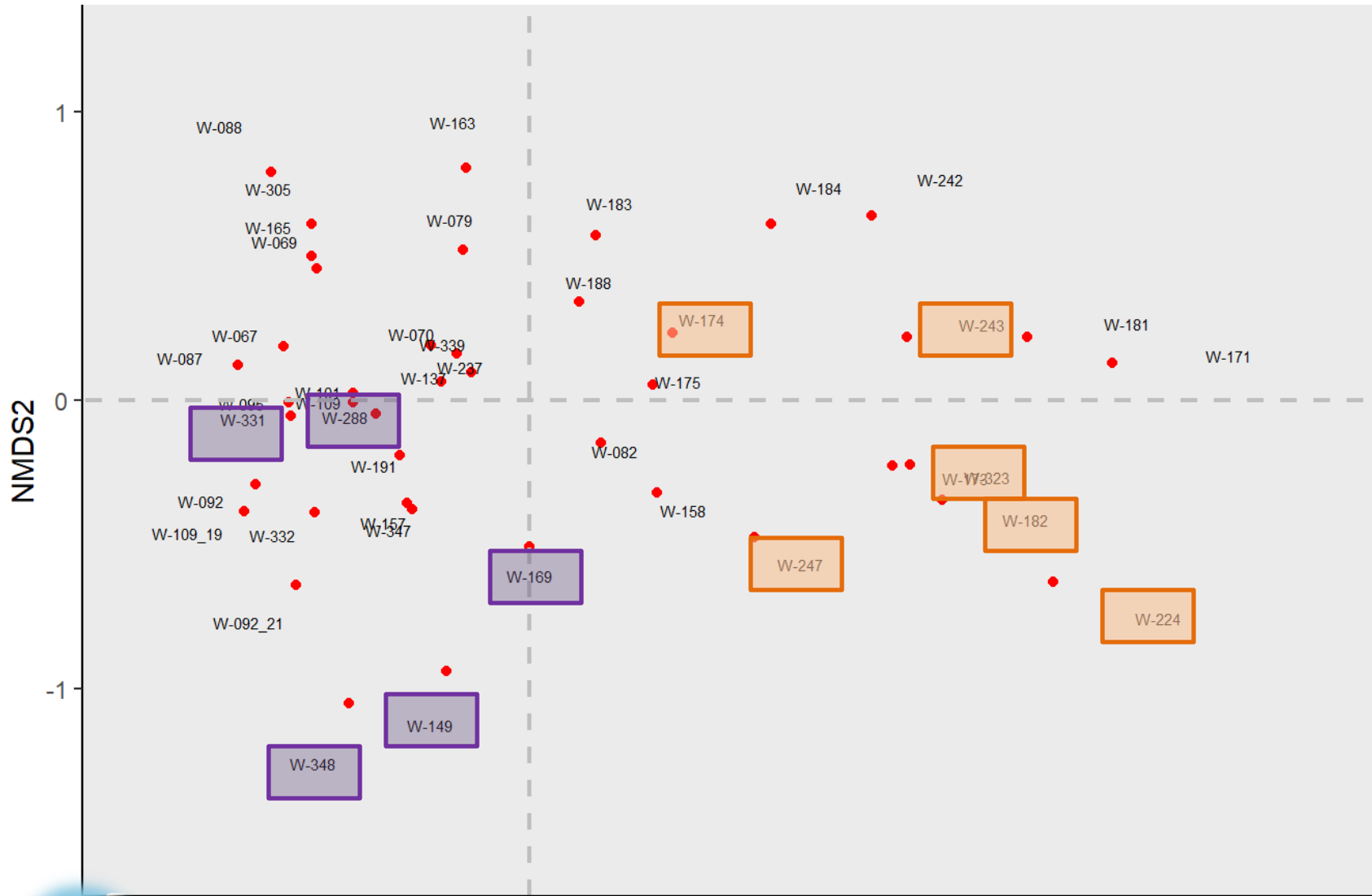
CoC = 6.0

Northwest River W-331

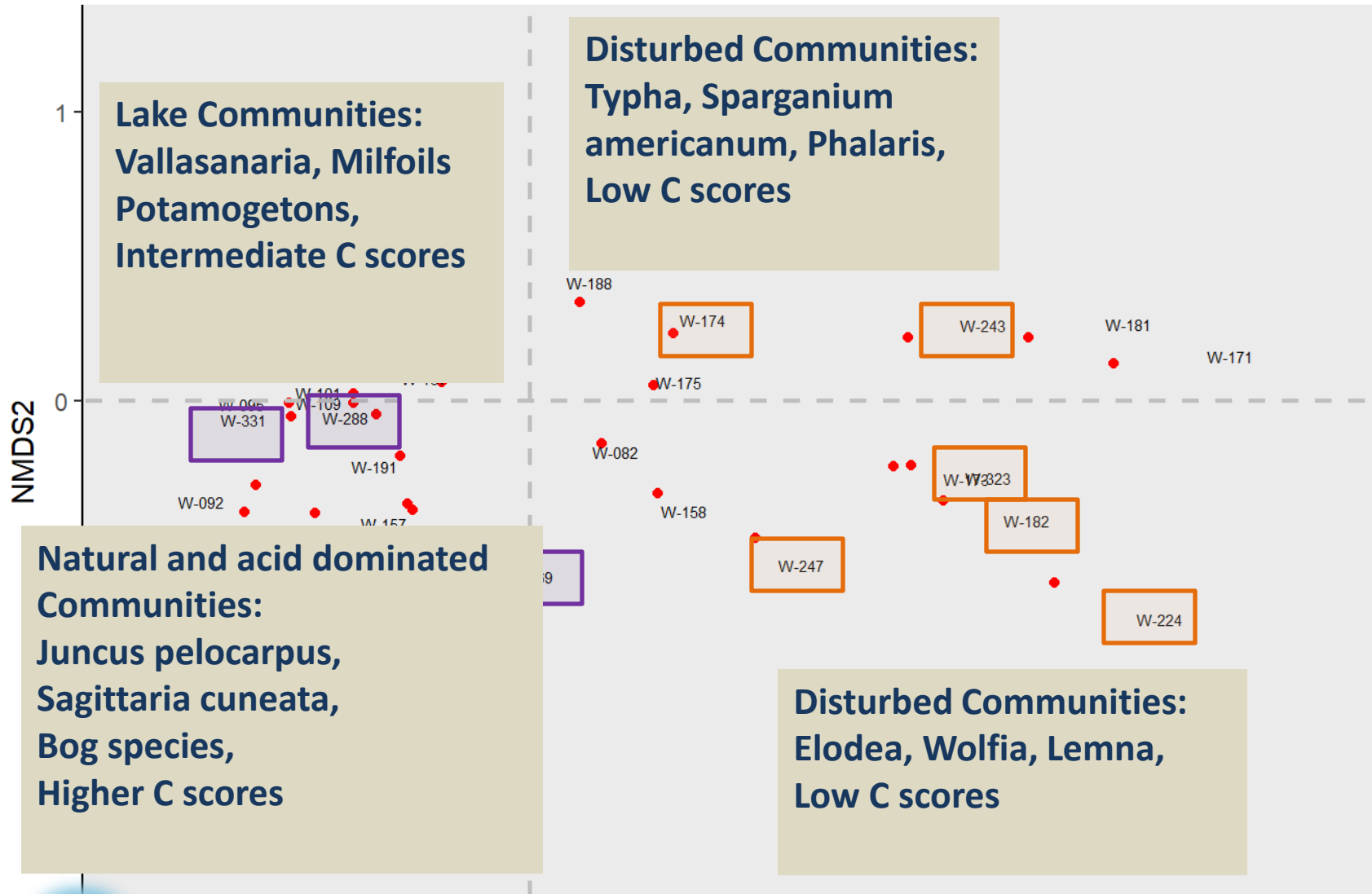
CoC = 5.82

Scores ranged from 2.7 to 6.0 with a mean of 4.56.
Wilhelm defined “Natural Area Quality” as Mean C > 4
And called these areas “unmitigable”.

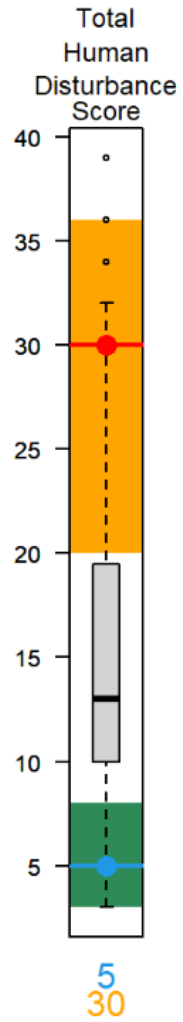
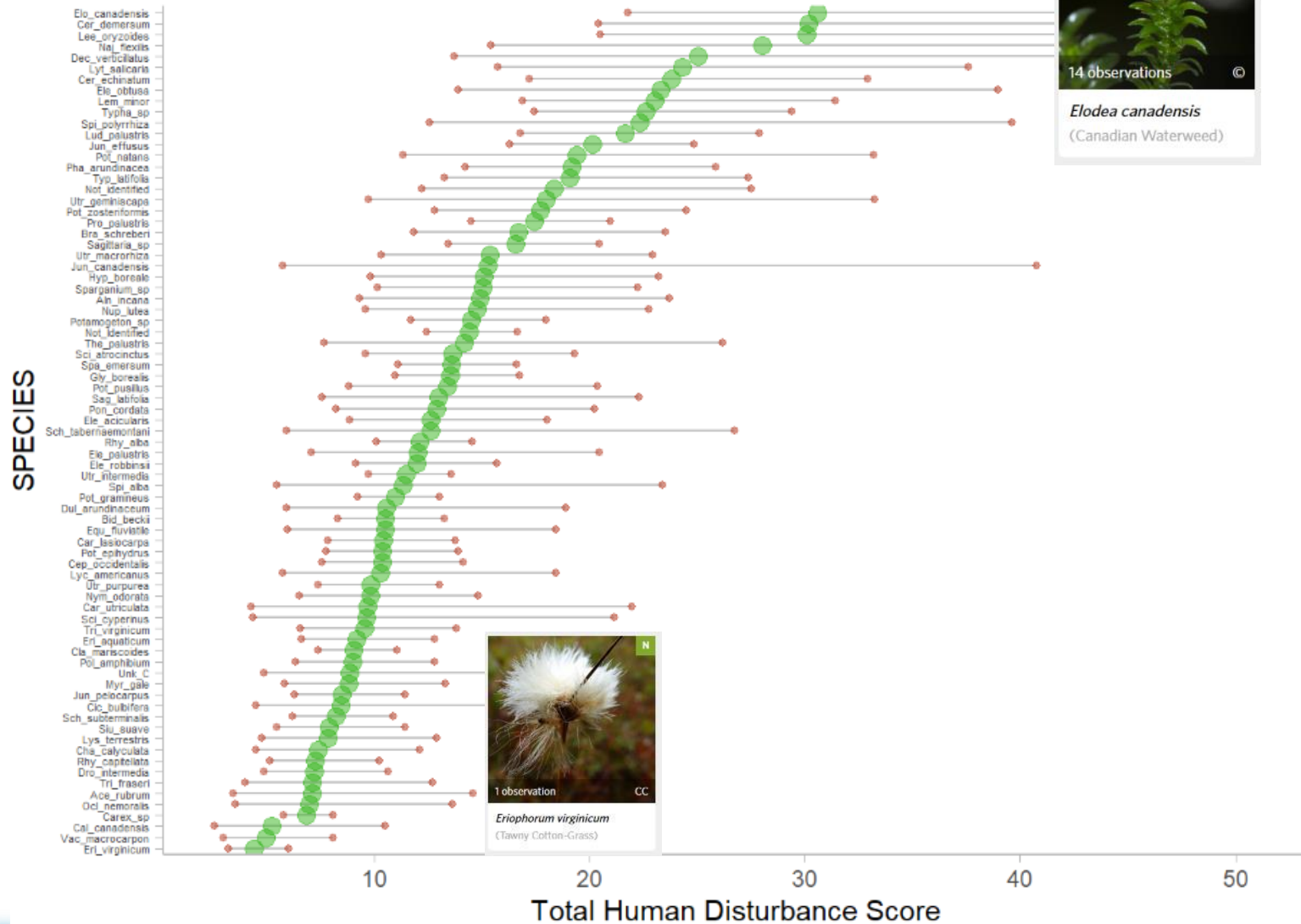
Ordination: Community Based



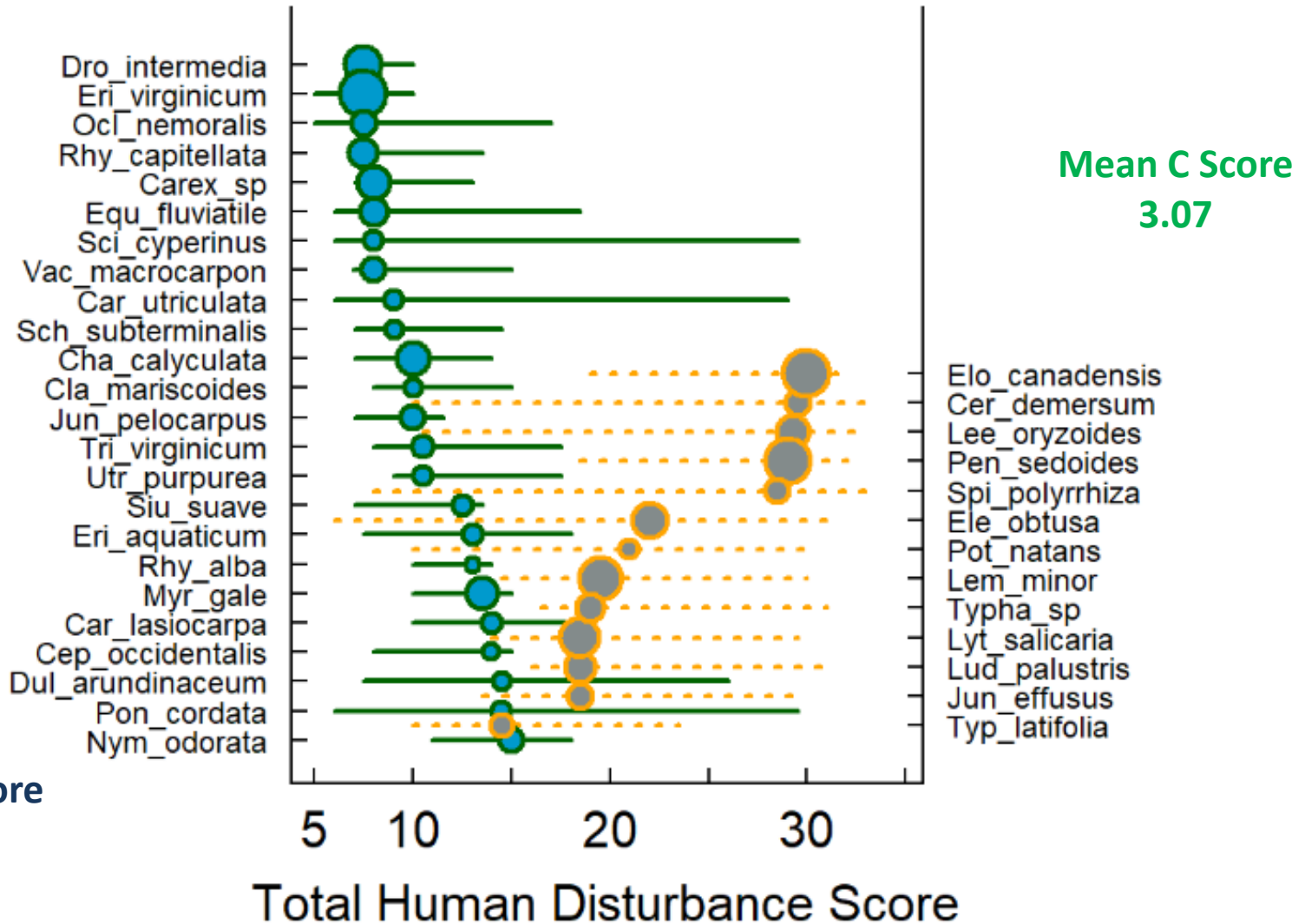
Ordination: Community Based



Stressors Driving Community Shifts:

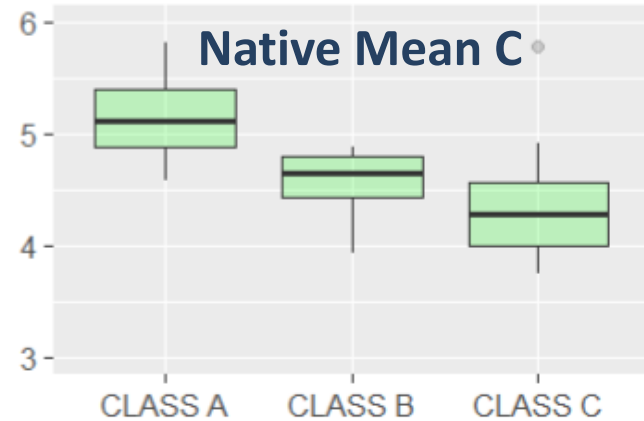
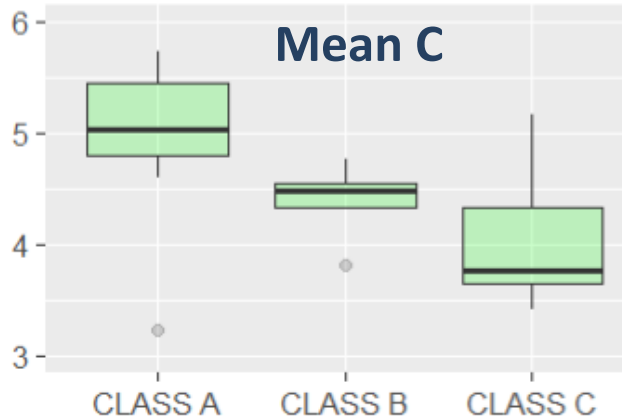


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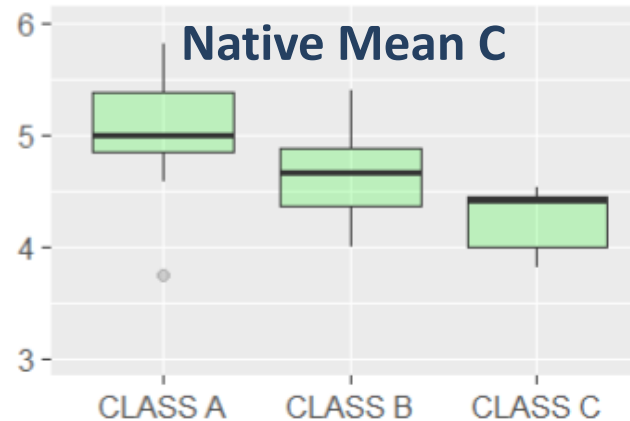
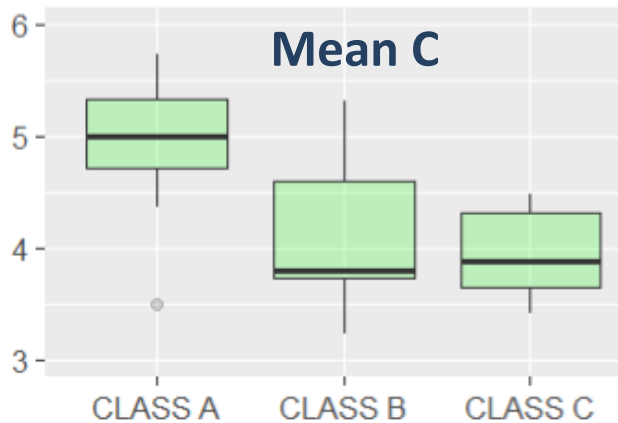


Comparison with results from other models.

Macroinvertebrate Model Results



Epiphytic Algae Model Results



Next Steps?

Fill in data gaps: Forestry Areas, Ecoreserves etc...

Compare application across wetland types? Ordination shows possible grouping of some wetland types.

Look at application in under surveyed wetland classes.

Share methods with private and non-profit land managers. An affordable tool for the evaluation and management of wetlands.

Collaborate with neighboring states and regional efforts to compare results.



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